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## **REACHING OUT**

### ***EXCURSION* and *HUMAN PLUS* Workshops Scheduled**

The *GATEWAY OUTREACH* program is a network of accredited Outreach Trainers throughout the United States and other parts of the world. Gateway Outreach Trainers offer two-day workshops called *EXCURSIONS*, and two-day workshops called *H-PLUS*. The *EXCURSION* allows participants to experience the levels of consciousness called Focus 10 and Focus 12. The purpose of the *EXCURSION* is to provide an opportunity to learn to perceive, understand, and communicate in nonphysical energy environments, with an emphasis on integrating practice tools for use in daily life. The *H-PLUS* workshop is an intensive application of the *HUMAN PLUS* system of self-evolution, in which practical, powerful tools are offered for gaining greater control over the physical, emotional, and mental aspects of ourselves. The *H-PLUS* workshop assists the participant in shifting his or her belief system into a "know system" and offers a gentle but effective way to learn new modes of thinking, feeling, and being that express more of our inherently unlimited potential. The following workshops are scheduled for the next few months: